Society:

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- 25. Call your family often.
- 26. Each day give something good to others.
- 27. Forgive everyone for everything.
- 28. Spend time with people over the age of 70 and under the age of 6.
- 29. *Try to make a least three people smile each day.*
- 30. What other people think of you is none of your business.
- 31. Your job won't take care of you when you are sick. Your friends will. Stay in touch.

Life:



- 32. Do the right thing!
- 33. Get rid of everything that isn't, beautiful or joyful.
- 34. GOD heals everything.
- 35. However good or bad a situation is, it will change [:]
- 36. No matter how you feel, get up, dress up and show up.
- 37. The best is yet to come.
- 38. When you awake alive in the morning, thank GOD for it.
- 39. Your inner "most self" is always happy. So, be happy.

Last but not the least:

40. Please give a copy of this list to another person. I just did.

Your Editor.

